



# Singing Ourselves Home

With Sophia Efthimiou

18-24 September 2024

## Itinerary at a glance\*

**Day 1:** Fly into Bari airport. One airport transfer is available which will cover the majority of guests' flight times. Arrive at Villa Sant' Annina, meet your fellow singers and enjoy a nourishing welcome dinner.

**Day 2:** Start your holiday off with a welcome circle and a heart-opening singing session. Sit in the sun with a freshly prepared lunch, then enjoy the afternoon siesta before the evening's singing session. Ease into the evening with a delicious dinner.

**Day 3:** Stretch out with optional sunrise yoga, before the morning singing session. Then enjoy lunch together before the afternoon siesta. In the late afternoon, there is an optional visit to the charming old town of Cisternino with a chance for guests to take dinner out.

**Day 4:** Continue your morning's singing with Sophia before a healthy lunch and siesta. In the afternoon, there is an optional beach trip to the stunning Adriatic coastline before returning to the Villa for an evening of singing followed by dinner together.

**Day 5:** A yoga session is again available to those who need it before the morning's singing session, followed by lunch and the afternoon's siesta. If you like, join a trip to the enchanting baroque town of Martina Franca for an evening *passeggiata* and dinner taken out.

**Day 6:** Your final full day starts with a singing session before lunch and then a chance to rest before a very informal concert in the evening. We'll enjoy a glass of prosecco and some pizza on the rooftop terrace before watching the sunset and bidding Puglia, *arrivederci*.

**Day 7:** Say your goodbyes before a mid-morning lift back to Bari airport. There is one airport transfer available covering the majority of guests' flight times.

\* This itinerary is flexible and open to change.